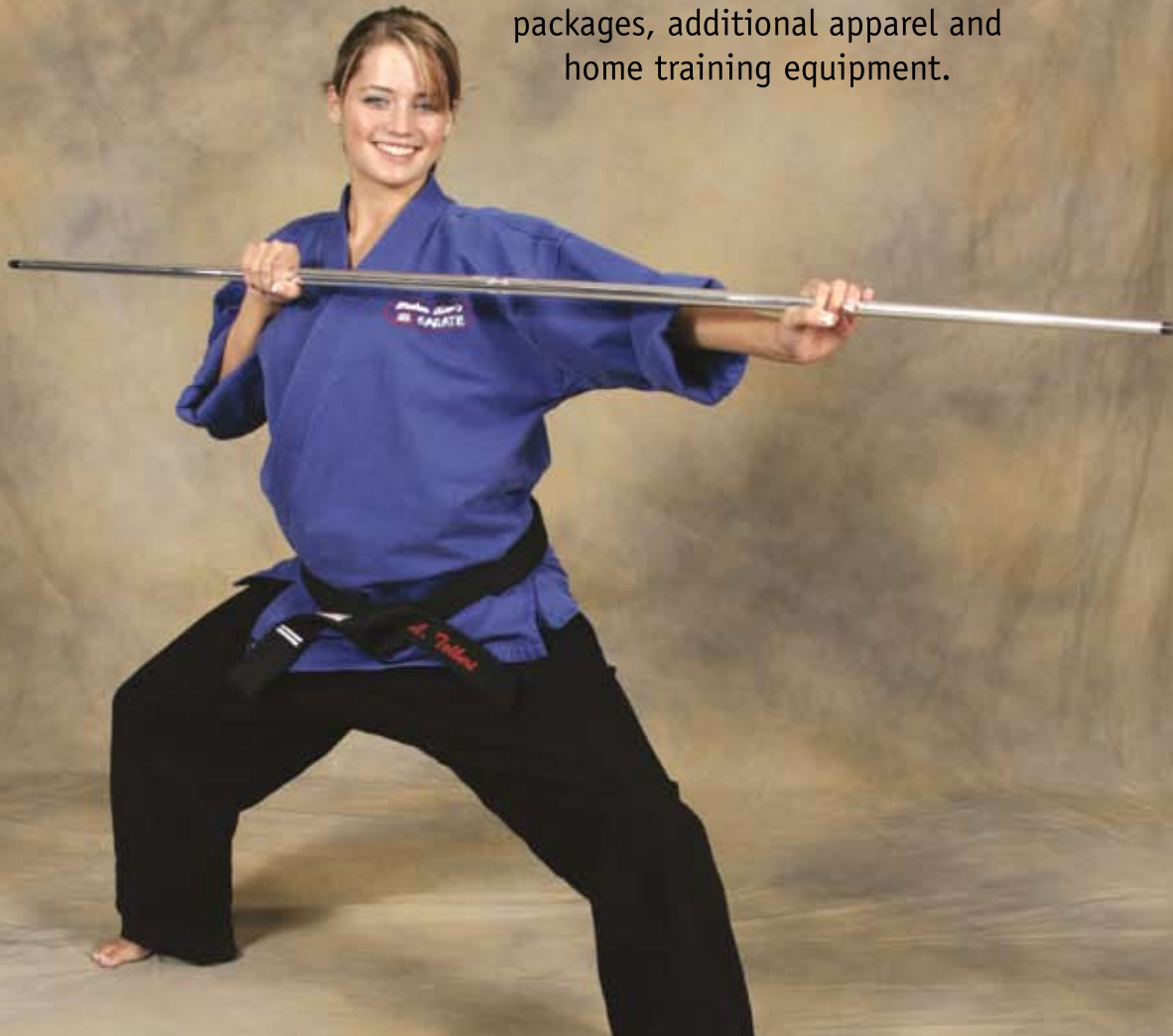


Equipment and Apparel Catalog

Required Master-Club, Leadership and Black Belt training equipment packages, additional apparel and home training equipment.



To order anything in this catalog:

www.MileHighKarate.com

1-866-533-3110 • FAX 1-800-400-5485

Or some items may be available at
your Mile High Karate school

Come Grow with Us!

Mile High Karate® has the opportunity for you and your family to grow in your career and in your life. We are now launching franchise opportunities for locations throughout North America — and soon, throughout the world.

Dear Friend,

Maybe you've noticed our rapid growth?

Well, it seems like after 23-plus years — we're an overnight success!

I want to let you in on a little "insider knowledge" about Mile High Karate®'s sudden explosion and let you know about several possible ways that you and your family can participate in our growth.

First, Mile High Karate® is growing rapidly! Since I decided to embark on a growth plan, and for the first time in 20 years allowing owner-operated franchised Mile High Karate® schools — backed up by extensive support and training by myself and my senior staff, we have grown dramatically.

If school operations and ownership may be an option for your family, then read on about that opportunity. Let me explain further about these schools and how they've evolved.

The typical profile of a new school owner involves an individual or a family — often with their kids as Mile High Karate® students — who are tired or bored with their career and decide that being an educator with Mile High Karate® sure beats whatever they have been doing (working in restaurant management, for the IRS, for an accounting firm, as a purchasing agent, in management for a paint company, troubleshooting for a international telecommunications firm, waitressing, working for a bank — just to give a few actual examples).

After asking a few questions and really watching our schools in action, they decide, that with proper training, running a Mile High Karate® school sure is more interesting, and, possibly more financially rewarding than other career opportunities.

Armed with that interest they learn about the requirements, then "take the plunge," starting with our intensive "bootcamp training" in both martial arts and martial arts school operations and administration.

Following their graduation from our training program, our regional developers or real estate department helps them find and lease space for our newest

school. Then, often with 2nd, 3rd, or 4th Degree Black Belt teaching staff from other Mile High Karate® schools, they embark on an exciting adventure combining entrepreneurship with a rewarding teaching career.

Does that sound interesting to you?

Let me explain further about these schools and how they've evolved. Frankly, I don't know if this is something for your family or not. What I do know is that we are gearing up right now for many new locations. We also have some of the top martial arts schools in North America begging to join the family as well!

What does all of this mean for you?

For one thing, I am organizing an intensive training program for new school operators starting very soon. Individuals or families interested in exploring this as a career move should check it out now so they may be put on the very exclusive list to join our school operator training program.

Next, if you think this might be for you, start your exploration now. There are a limited number of locations that we will allow in each area — and frankly, I'd hate to fill the area you are interested in before you had an opportunity to join us.

Many of the existing school owners worried about several potential obstacles before joining our team. Do you share their concerns?

First, they really didn't know much about the marketing, sales, administration or even teaching organization of a martial arts school.

Mile High Karate® is one of the top schools in North America because we have mastered each of those functions. Our training program and support materials cover every aspect of school operations very effectively and thoroughly.

Second, the prospective school owners are not even martial arts students.



Stephen Oliver, MBA
8th Degree Black Belt
Founder and President
Mile High Karate Schools
Denver, Colorado

Again, with our martial arts “bootcamp,” we solve that knowledge gap. Additionally, in many cases we have high-ranked Black Belts as potential staff for a new school. You are not required to be a Black Belt or even to have previous martial arts training to become an owner-operator.

We will assist with training you for every aspect of school operation, and either train you to be a certified Mile High Karate® teacher or help you find Black Belt staff to work with your school operation.

Third, they worry about replacing their existing income, and if the opportunity to do so adequately exists in running a school. Although each person’s financial results are greatly dependent upon a variety of factors, I can assure you that the potential exists to match just about any other opportunity.

Fourth, they worry about start-up capital and the cost of opening a new business. Certainly that is an issue, although there are many ways to accomplish adequate funding. Also, relative to opening any new business, a martial arts school — including all of our training and development — is considerably less expensive than just about any other substantial business.

We can certainly walk you through every cost and give you some thoughts on how to finance your start-up if necessary. Most of our existing operators finance this investment through second mortgages, friends and family investments, savings and bank loans or lines of credit.

I hope that you will consider exploring this opportunity more thoroughly if you are ready to plunge into an exciting new career that combines community impact and an incredible amount of fun.

Thank you,

Stephen Oliver

Grand Master Stephen Oliver

8th Degree Black Belt

President, Founder, Mile High Karate®, LLC

P.S. How do you find out more about becoming a Franchisee, Regional Developer or Staff Member with Mile High Karate®? Go to www.MileHighFranchise.com and fill out the registration form, or call 1-800-559-9431. If you received an application with this package, complete it and fax to 1-800-795-0583.

P.S.S. Ask about our Master Franchise Opportunities for well-experienced and well-capitalized individuals. Your opportunity would be to develop a new or developing area to 20, 30, or more schools, training and supporting Mile High Karate® franchise school owners in that area.



**Call 1-800-559-9431
for details or visit
www.milehighfranchise.com**

This advertisement is for general information only and is not intended to be an offer of a franchise. An offering can be made only after the delivery of an effective franchise prospectus in compliance with applicable federal and state law. NEW YORK: An offering must be filed first with the Department of Law of the State of New York. Such filing does not constitute approval by the Department of Law.

Looking back on the time I've spent with Mile High Karate®, I've experienced great success and triumphs with my students, with the community and with my career.



I joined the Mile High Karate® organization as their first franchisee in August of 1998, and have never regretted the decision.

The transformation and growth that I have experienced is a great self-fulfilling aspiration. In addition to the self-fulfilling aspect, the real pleasure has come with the goals, ambitions and growth that have been achieved by so many of our great students. It really is a career that helps grow confidence and character while having a great business!

With Mile High Karate®, what sets us apart from all others is that we really build better human beings, rather than just martial artists. It's been great improving my lifestyle, income expectations and career opportunities beyond anything I would have imagined while having a tremendous contribution to the lives of our customers (students).

Robert Lewis, MBA

Mile High Karate® Franchisee

Mile High Karate®

has been the best business and personal growth decision we have ever made. We have



been able to have a positive impact on our community while growing our business with the tools and training provided by our franchisor.

The operation of our business is fun and exciting. We get to work with some incredibly high quality people and have a management team that's unbelievable.

We began with no martial arts experience and in three short years have grown our school to be one of the most successful Mile High Karate® schools in Colorado.

*Stephen & Amanda Christensen
Westminster, CO*



STUDENT EQUIPMENT PACKAGES

Required by Curriculum

ORIENTATION LEVEL- STUDENTS

Student Uniform with white belt

LEVEL 1 MASTER CLUB & LEADERSHIP

MEN/BOYS

Full Head Gear with Face Shield
Student Gloves
Student Hi-Top Boots
Student Shin Guards
Student Rib Guard
Competition Kama
Single Mouthpiece
Foam Cord Nunchaku
Regular Escrima Stick
Perfect Kicking Techniques DVD
Perfect I.T.F. Tae Kwon Do Hyungs Pt 1 DVD
Backpack
Supporter
Tuck Under Athletic Cup
Fixed Blade Training Knife
Master Club Black Uniform Jacket OR
Leadership Middleweight Blue Uniform Jacket
Master-Club Sport Bag OR
Leadership Adrenaline Weapon Sport Bag

WOMEN/GIRLS

Full Head Gear with Face Shield
Student Gloves
Student Hi-Top Boots
Student Shin Guards
Student Rib Guard
Competition Kama
Single Mouthpiece
Foam Cord Nunchaku
Regular Escrima Stick
Perfect Kicking Techniques DVD
Perfect I.T.F. Tae Kwon Do Hyungs Pt 1 DVD
Backpack
Fixed Blade Training Knife
Master Club Black Uniform Jacket OR
Leadership Middleweight Blue Uniform Jacket
Master-Club Sport Bag OR
Leadership Adrenaline Weapon Sport Bag

LEVEL 2 MASTER CLUB & LEADERSHIP

Perfect I.T.F. Tae Kwon Do Hyungs Pt 2 DVD

LEVEL 3 MASTER CLUB & LEADERSHIP

Leather Heavy Bag Gloves
Leather Jump Rope

Martial Arts Career Training Curriculum
Wristwrap Boxing Gloves

LEADERSHIP PROGRAM - BLACK BELTS

12 oz Heavyweight Traditional black or blue pant

ORIENTATION LEVEL



*Free white
belt included*



STUDENT UNIFORM

Traditional 7.25 oz uniform constructed of a cotton/polyester fabric for easy care. Your choice of traditional drawstring waist pants or elastic waist pants with a generous gusset. White belt included. Imported.

Sizes: 000-8

Color: White

Item #0462MHK

\$38.99

LEVEL 1

Master Club & Leadership



UNIFORM UPGRADE: MASTERS CLUB BLACK UNIFORM JACKET

Uniform features a full-cut traditional jacket

White belt included. Imported.

Sizes: 0- 8 \$48.99

Color: Black

Item #041MHK

TUCK UNDER ATHLETIC CUP

Molded plastic trimmed
in vinyl. Two ventilation holes.

Sizes: Child, Adult or Adult XL

Item #1412

\$4.99



SUPPORTER

This double knit pouch supporter
has a 3" elastic waistband. Material
made of polyester/cotton blend. Imported.

Sizes: Child S (20"-26"), Child L (26"-32"),
Adult S (26"-32"), Adult M (32"-38"),
Adult L (38"-44"), Adult XL (44"-50")

Item #1421

\$4.99



SPORT BAG

Bag features large zippered
opening and mesh pockets on both ends.
Front zippered pocket. Made from PVC twill.

Color: Black

Item #2161MHK

\$34.99





FULL HEAD GEAR WITH FACE SHIELD

Shield yourself with this full coverage dipped foam headgear that includes a clear removable face shield. Gear is 7/8" thick and provides wrap-around coverage with pressure release for ear and chin coverage. This lightweight gear has a 2" wide hook/loop strap on back of head for adjustable fit.

Sizes: Youth; Adult S, M/L, XL

Color: Black

Item #11427MHK

\$61.99



STUDENT GLOVES

The 5/8" dipped foam glove is contoured to fit the hand with hook/loop closure on elastic strap for a secure fit. Full finger coverage.

Sizes: Youth; Adult S, M/L, XL

Color: Black

Item #1153MHK

\$31.99



STUDENT HI-TOP BOOTS

Get total coverage for your foot and ankle. Constructed of 5/8" dipped foam. Includes a hook/loop closure on elastic crisscross strap for a secure fit.

Sizes: 1-2, 3-4, 5-6, 7-8

Color: Black

Item #1123MHK

\$31.99



STUDENT SHIN GUARDS

Shield your shins with this 5/8" dipped foam shin guard that is contoured to fit the shin with hook/loop closure on elastic strap for a secure fit.

Sizes: Child, Youth, Adult, S, M/L, XL

Color: Black

Item #11773

\$24.99



STUDENT RIB GUARD

Maintain freedom of movement with this contoured design made of 3/4" dipped foam. Additional padding along solar plexus is segmented for impact dispersion and flexibility. Adjustable elastic strap with hook/loop closure.

Sizes: Child, Youth, Adult

Color: Black

Item #11663

\$39.99

BACKPACK

Bring everything you need in this spacious backpack. With plenty of storage, 2 dual zippered compartments and a special CD pocket you will stay organized and be prepared for anything that comes along.

Color: Blue/Black

Item #03-501MHK

\$11.99



SINGLE MOUTHPIECE

Easy to prepare and custom fit in seconds.

Sizes: Youth or Adult

Colors: Blue, Clear, Red, or Black

Item #1451

\$1.99



LEVEL 1

Master Club & Leadership

COMPETITION KAMA

Unique blade design reduces air resistance. The ash handles are planed on one side to help indicate blade direction. Leather wrist slings are attached for a better hold. 6-3/4" stainless steel blade.

Sizes: 8, 10 or 12" handle

Item #1273

\$49.99

Sold in pairs



FOAM CORD NUNCHAKU

Foam with 4-1/2" cord attachment. 4-1/2" nylon cord attachment.

Color: Royal Blue

Sizes: 8 or 12"

Item #121FC

\$4.99

Not available in Canada

PERFECT KICKING TECHNIQUES DVD

Starring World Champ John Chung

#CHUNG-DV03

112 MIN

DVD \$9.99



PERFECT I.T.F. TAE KWON DO HYUNGS PART 1 DVD

Starring World Champ John Chung

#CHUNG-DV13

72 MIN

DVD \$9.99



REGULAR ESCRIMA STICK

Great for Filipino Arnis and Kali. Lightweight rattan.

Size: approximately 26"

Item #128-000P

\$9.99

Each sold separately

WARNING: Use and misuse of Martial Arts weapons involves serious risks, including injury, disability and death. Weapons are sold only for training under expert supervision, for demonstration of forms, collection or display. Inspect weapons before each use to ensure they are in proper condition. If any unsafe condition is observed, do not use this product. Do not use weapons for sparring or contact. User assumes all risk of injury. Weapons and items over 42" cannot be sent out of the United States. Some weapons may be prohibited in your area. Please check state statutes and local ordinances before ordering. No weapons are sold to anyone under the age of 18 without parental consent. Also see Terms and Conditions on page 15.

LEVEL 1

Master Club & Leadership



UNIFORM UPGRADE: MIDDLEWEIGHT BLUE JACKET

Instructor quality, jacket lapel has six rows of chain stitching. Generously cut through shoulders and chest for extensive range of movement. Inside ties. Made in the USA.

Sizes: 1- 6 \$59.99

Color: Blue

Item #023MHK



FIXED BLADE TRAINING KNIFE

Fixed blade practice knife with sheath made for portability, a handy black sheath can be attached to a belt. The chrome plated stainless steel blade cannot be sharpen. Features a rubber handle for a better grip.

Size: 9" long

Item #12774

\$24.99



ADRENALINE WEAPON SPORT BAG

Includes carrying handles with padded shoulder strap, large interior with compartments for throwing stars, water bottle, shoes, a clip to hold keys, and weapon storage includes pockets on each end. Both pockets will hold two pairs of nunchakus. The elastic straps on the side will hold a two piece bo; the zippered panel underneath opens for storage of one pair each: sais, tonfas, kamas and an escrima all at the same time! Made of a dobby shell with diamond ripstop fabric.

Size: 32" Long and 15-1/2" High

Color: Blue/Black

Item #2143

\$99.99

LEVEL 2

Master Club & Leadership

PERFECT I.T.F. TAE KWON DO HYUNGS PART 2 DVD

Starring World Champ John Chung

Starring World Champ John Chung

#CHUNGD-V14

52 MIN

DVD \$9.99



LEVEL 3

Master Club & Leadership



LEATHER JUMP ROPE

Wooden handles. Ball bearing swivels.

Sizes: 8' or 9-1/2'

Item #1531

\$15.99



LEATHER HEAVY BAG GLOVES

Designed for maximum comfort and durability, this top quality leather glove features four layers of durable foam and finished edges for long lasting wear. Glove features pre-curved fingers and a terry cloth brow wipe on thumb, adjustable hook/loop closure.

Sizes: S/M or L/XL

Color: Black/Blue

Item #16335

\$39.99



MARTIAL ARTS CAREER TRAINING™ DAVE AND TIM KOVAR

Learn positive teaching techniques, high tech communication skills, effective drills and discover why the Kovars winning attitude will increase retention. Your training guide will lead you through 10 exciting classes designed to bring out the best in your students, and employ your dynamic teaching skills.

Benefits:

- Easy to implement lesson plans in one notebook
- Allows you to use your own teaching style
- Each lesson has an outline for that session as well as a weekly assignment
- Includes letters to parents and students
- Handouts may be photocopied or you may purchase additional workbooks for a professional look

You will receive:

- Training manual
- Spiral bound Student's Notes & Handouts
- DVD

Item #MACT000000

\$399.00

WRISTWRAP BOXING GLOVES

Pull on style with 3 1/2" hook/loop wristwrap for maximum support. Quality layered foam is covered with vinyl and features a cushioned grip bar and tied thumbs.

Sizes: 12 oz, 14 oz or 16 oz

Color: Red/Black

Item #14608P

\$29.99





LEADERSHIP PROGRAM BLACK BELTS

12 OZ HEAVYWEIGHT TRADITIONAL PANT

Features a 1-1/2" drawstring waist. Gusseted crotch and hemmed pants. 12 oz 100% cotton canvas construction. Made in the USA.

Sizes: 1-8

Color: Black or Blue

Item #0331

\$39.99



LEADERSHIP CLOTHING



SPORT-TEK® - V-NECK WIND SHIRT WITH STRIPE TRIM

Full cut lets you move. 100% nylon shell, 100% cotton flannel body lining, solid knit waistband.

Adult sizes: XS-3XL

Item #JP62MHK

XS-XL \$25.99

Color: Blue

2XL \$27.99

3XL \$30.99



LONG SLEEVE TWILL SHIRT

Twill shirts are 5-ounce, 100% cotton, button-down collar, back pleat, button-through sleeve plackets and adjustable cuffs.

Adult sizes: XS-3XL

Item #S600MHK

XS-XL \$30.99

Color: Blue

2XL \$32.99

3XL \$35.99



PIQUE KNIT SPORT SHIRT

Soft and casual, these sport shirts are 7-ounce, heavyweight pique, preshrunk 100% ring spun combed cotton, side vents.

Adult sizes: XS-6XL

Item #K420MHK

XS-XL \$23.99

Color: Blue

2XL \$25.99

3XL \$28.99

ADDITIONAL TRAINING EQUIPMENT



SQUARE HAND TARGET

Reinforced vinyl filled with compressed foam. Back web straps and finger loop allow the holder a secure grip. Each sold separately.

Size: 9" X 11" X 3" Color: Black Item #1022MHK

\$26.99



BODY SHIELD

Reinforced vinyl cover over dense compressed foam. Two back handles, and one on each side.

Size: 14-1/2" x 25" x 5-1/2" Color: Black Item #1032MHK

\$76.99



XXL WAVEMASTER®

Century's ultimate bag with the largest kicking and punching surface on the market. Low profile base provides stability and functionality. Extra large fill hole and cap.

Bag Size: 18" Diameter X 52" Tall

Base Diameter: 28"

Total Height: 69" Tall

Color: Black

Item #10176MHK & 10176B

\$299.99

Wavemaster is a registered trademark of Century, LLC.

ORDER FORM



Name _____ MHK School Location _____
 Physical Street Address _____ Apt. # _____
 City _____ State _____ Zip _____
 Home Phone _____ Work Phone _____

QTY	ITEM #	DESCRIPTION	COLOR	SIZE	UNIT PRICE	TOTAL
		ORIENTATION LEVEL				
	0462MHK	Student Uniform with white belt	White		\$38.99	
		LEVEL 1 MASTER CLUB & LEADERSHIP MEN/BOYS				
	11427MHK	Full Head Gear with Face Shield	Black		\$61.99	
	1153MHK	Student Gloves	Black		\$31.99	
	1123MHK	Student Hi-Top Boots	Black		\$31.99	
	11773	Student Shin Guards	Black		\$24.99	
	11663	Student Rib Guard	Black		\$39.99	
	1273	Competition Kama	-----		\$49.99	
	1451	Single Mouthpiece			\$1.99	
	121FC	Foam Cord Nunchaku	Royal Blue		\$4.99	
	128-000P	Regular Escrima Stick	-----		\$9.99	
	CHUNGD-V03	Perfect Kicking Techniques DVD	-----		\$9.99	
	CHUNGD-V13	Perfect I.T.F. Tae Kwon Do Hyungs Pt 1 DVD	-----		\$9.99	
	03-501MHK	Backpack	Blue/Black		\$11.99	
	1421	Supporter	-----		\$4.99	
	1412	Tuck Under Athletic Cup	-----		\$4.99	
	12774	Fixed Blade Training Knife	-----		\$24.99	
	041MHK	Master Club Black Uniform Jacket OR	Black		\$48.99	
	023MHK	Leadership Middleweight Blue Uniform Jacket	Blue		\$59.99	
	2161MHK	Master-Club Sport Bag OR	Black		\$34.99	
	2143	Leadership Adrenaline Weapon Sport Bag	Blue/Black		\$99.99	
		LEVEL 1 MASTER CLUB & LEADERSHIP WOMEN/GIRLS				
	11427MHK	Full Head Gear with Face Shield	Black		\$61.99	
	1153MHK	Student Gloves	Black		\$31.99	
	1123MHK	Student Hi-Top Boots	Black		\$31.99	
	11773	Student Shin Guards	Black		\$24.99	
	11663	Student Rib Guard	Black		\$39.99	
	1273	Competition Kama	-----		\$49.99	
	1451	Single Mouthpiece			\$1.99	
	121FC	Foam Cord Nunchaku	Royal Blue		\$4.99	
	128-000P	Regular Escrima Stick	-----		\$9.99	
	CHUNGD-V03	Perfect Kicking Techniques DVD	-----		\$9.99	
	CHUNGD-V13	Perfect I.T.F. Tae Kwon Do Hyungs Pt 1 DVD	-----		\$9.99	
	03-501MHK	Backpack	Blue/Black		\$11.99	
	12774	Fixed Blade Training Knife	-----		\$24.99	
	041MHK	Master Club Black Uniform Jacket OR	Black		\$48.99	
	023MHK	Leadership Middleweight Blue Uniform Jacket	Blue		\$59.99	
	2161MHK	Master-Club Sport Bag OR	Black		\$34.99	
	2143	Leadership Adrenaline Weapon Sport Bag	Blue/Black		\$99.99	
		LEVEL 2 MASTER CLUB & LEADERSHIP				
	CHUNGD-V14	Perfect I.T.F. Tae Kwon Do Hyungs Pt 2 DVD	-----		\$9.99	
		LEVEL 3 MASTER CLUB & LEADERSHIP				
	16335	Leather Heavy Bag Gloves	Black/Blue		\$39.99	
	1531	Leather Jump Rope	-----		\$15.99	
	MACT000000	Martial Arts Career Training Curriculum	-----		\$399.00	
	14608P	Wristwrap Boxing Gloves	Red/Black		\$29.99	
		LEADERSHIP PROGRAM - BLACK BELTS				
	0331	12oz Heavyweight Traditional black or blue pant			\$39.99	
	JP62MHK	Sport-Tek® - V-Neck Wind Shirt with Stripe Trim	Blue			
	S600MHK	Long Sleeve Twill Shirt	Blue			
	K420MHK	Pique Knit Sport Shirt	Blue			
	1022MHK	Square Hand Target	Black		\$26.99	
	10176MHK & 10176B	XXL Wavemaster®	Black		\$299.99	
	1032MHK	Body Shield	Black		\$76.99	

Martial Arts Weapons: Products sold under the Weapons category of the Century website or catalog are intended for demonstration or display as a collection item only. Use and misuse of Martial Arts weapons involves serious risks, including injury, disability and death. Weapons are sold only for training under expert supervision, for demonstration or forms, collection or display. Inspect weapons before each use to ensure they are in proper condition. If any unsafe condition is observed, do not use the product. Do not use weapons for sparring or contact. Sales of certain items are governed by local, state, federal and international law. It is the buyer's responsibility to check all applicable law concerning use, ownership, legal age and possession of any product offered by Century, LLC. By purchasing any item, the buyer warrants compliance with all local, state, federal and international law and that the buyer is legally able to purchase and sell all items being purchased from the Century website or catalog. Century, LLC disclaims any and all liability related to improper, illegal, unintended use or modification of weapons sold through its website or catalog. The purchaser, user or participant assumes all risk of injury from any use. No weapons are sold to anyone under 18 years of age without parental consent. Weapons and items over 42" cannot be sent out of the United States. Some weapons may be prohibited by law in your area. Please check state statutes and local ordinances before ordering.

Parental Consent: I hereby give consent for my child to purchase a weapon. I also release Century, LLC from any liability.

Total Price of Items

OK Residents Add 7.8% Sales Tax

U.S. Shipping [see chart page 14]

Oversized Freight [see chart]

UPS® Residential Surcharge

\$ 1.85

TOTAL

Signature of Parent or Guardian _____

METHOD OF PAYMENT Please check one

☐ VISA ☐ MasterCard ☐ Discover ☐ American Express ☐ Money Order ☐ Check

Credit Card Number

Credit Card Exp Date _____ Signature _____

NOTE: Orders paid for by personal check will be held for 10 working days.

Order by Fax
800-400-5485 24-hours a day

Order by Mail
Send this order form to:
1000 Century Blvd.
Oklahoma City, OK 73110

Orders placed by 3pm CST are shipped the same day!

Order by Phone: 866-533-3110 Weekdays 8am - 5pm CST

Orders by Fax: 800-400-5485 24-hours a day

Order Online: www.milehighkarate.com 24-hours a day

Order by Mail by sending this order form to:

1000 Century Blvd., Oklahoma City, OK 73110

STANDARD U.S. GROUND SHIPPING AND HANDLING CHARGES

Order Amount	Freight Charge
Up to \$49.99	\$8.71
\$50.00 - \$74.99	\$10.63
\$75.00 - \$99.99	\$12.86
\$100.00 - \$149.99	\$15.25
\$150.00 - \$199.99	\$17.67
\$200 +	8.8% of order value

Fuel surcharge included. Rate subject to change.

U.S. OVERSIZED FREIGHT CHARGE

Wavemaster® add \$12.00

Residents of Alaska or Hawaii call 800.626.2787 to order oversized items.

Century, LLC is proud to be the exclusive provider of the "Mile High Karate" branded product line. We are committed to providing Mile High Karate Schools with high quality products and outstanding customer service. Congratulations on being a Mile High Karate Student.

All MHK products ship from the Century headquarters in Oklahoma City, OK.

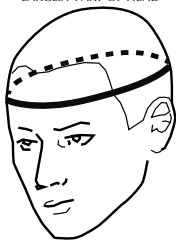
UNIFORM SIZING

This sizing chart refers to all uniforms in this catalog, unless specifically noted otherwise

	TRADITIONAL UNIFORM & BELT SIZE	CLOTHING SIZE	HEIGHT	WEIGHT	INSEAM
CHILDREN SIZES	000	Child 2-4	3'-3'5"	30-40 lbs	15"-16"
	00	Child 4-6	3'5"-3'10"	40-55 lbs	17"-19"
	0	Child 6-8	3'10"-4'3"	55-70 lbs	20"-21"
	1	Child 8-10	4'3"-4'8"	70-90 lbs	22"-23"
	2	Child 10-12	4'8"-5'1"	90-110 lbs	24"-25"
ADULT SIZES	3	Small	5'1"-5'6"	110-140 lbs	26"-28"
	4	Medium	5'6"-5'11"	140-170 lbs	28"-29"
	5	Large	5'11"-6'2"	170-200 lbs	29"-30"
	6	X-Large	6'2"-6'8"	200-230 lbs	30"-32"
	7	XX-Large	6'5"-6'8"	230-260 lbs	32"-34"
	8	XXX-Large	6'8"-6'11"	260-290 lbs	33"-35"
	9	XXXX-Large	6'11"-7'1"	290-320 lbs	34"-36"

SPARRING GEAR SIZING GUIDES

MEASUREMENT AROUND LARGEST PART OF HEAD



Sparring Head Gear

SIZE	HEAD CIRCUMFERENCE	HAT SIZE
CHILD	UNDER 20"	6 OR LESS
YOUTH	20" - 21"	6 TO 6-1/4
SMALL	21" - 22"	6-1/4 TO 7
MEDIUM/LARGE	22" - 23"	7 TO 7-1/2
XLARGE	23" - 24"	7-1/2 TO 8

MEASUREMENT FROM TIP OF TOE TO HEEL



Shin Guard

SIZE	SHIN LENGTH
CHILD	9" - 10"
YOUTH	10" - 11"
SMALL	11" - 12"
MEDIUM/LARGE	12" - 13"
XLARGE	LONGER THAN 13"

MEASUREMENT ACROSS PALM OF HAND



Sparring Glove

SIZE	KNUCKLE WIDTH
CHILD	UNDER 2-7/8"
YOUTH	2-7/8" TO 3-1/8"
SMALL	3-1/8" TO 3-3/8"
MEDIUM/LARGE	3-3/8" TO 3-5/8"
XLARGE	OVER 3-5/8"

MEASUREMENT FROM BOTTOM OF KNEE TO ANKLE BEND



Sparring Boot

SIZE	FOOT LENGTH
1/2	7-5/8" TO 8"
3/4	8-1/8" TO 8-5/8"
5/6	8-3/4" TO 9-1/4"
7/8	9-1/2" TO 10"
9/10	10-1/8" TO 10-5/8"
11/12	10-3/4" TO 11-1/2"
13/14	11-1/2" TO 12"

TERMS & CONDITIONS OF SALE

THE FOLLOWING TERMS AND CONDITIONS APPLY TO ALL SALES. PLEASE REVIEW CAREFULLY. THESE TERMS AND CONDITIONS INCLUDE LIMITED WARRANTIES, AND DISCLAIMERS OF LIABILITY AND ARBITRATION PROVISIONS. KEEPING AND USING YOUR PRODUCT INDICATES YOUR AGREEMENT TO THESE TERMS. IF YOU DO NOT WISH TO AGREE TO THESE TERMS, YOU HAVE 14 DAYS FROM DATE OF PURCHASE TO RETURN THE "UNUSED" PRODUCT.

- **HIGH RISK ACTIVITY**

Products sold through the Century website, catalog or otherwise, include equipment and gear for martial arts, weight training, boxing, yoga, fitness, fencing and demonstration. Participation in any of these activities should be considered a high-risk sports activity. Your participation in any of these activities is at your own risk. You agree to consult with your personal physician before participating in any of these high-risk activities. Read and follow specific warnings and instructions on products and in product literature or inserts. Save these documents for reference.

- **MARTIAL ARTS WEAPONS: WARNING**

Products sold under the Weapons category on the Century website or catalog are intended for demonstration or display as a collection item only. Use and misuse of Martial Arts weapons involves serious risks, including injury, disability and death. Weapons are sold only for training under expert supervision, for demonstration of forms, collection or display. Inspect weapons before each use to ensure they are in proper condition. If any unsafe condition is observed, do not use the product. Do not use weapons for sparring or contact. Sales of certain items are governed by local, state, federal and international law. It is the buyer's responsibility to check all applicable law concerning use, ownership, legal age and possession of any product offered by Century, LLC. By purchasing any item, the buyer warrants compliance with all local, state, federal and international law, and that the buyer is legally able to purchase and sell all items being purchased from the Century website or catalog. Century, LLC disclaims any and all liability related to improper, illegal, unintended use or modification of weapons sold through the website or catalog. The purchaser, user or participant assumes all risk of injury from any use. No weapons are sold to anyone under 18 years of age without parental consent. Weapons and items over 42" cannot be sent out of the United States. Some weapons may be prohibited in your area. Please check state statutes and local ordinances before ordering.

- **ASSUMPTION OF THE RISK**

By buying Century products, you understand and agree that martial arts, boxing, yoga, fitness, weight lifting and demonstrations are high risk activities and, to the extent permitted by law, YOU EXPRESSLY AND VOLUNTARILY ASSUME THE RISK OF DEATH OR OTHER PERSONAL INJURY SUSTAINED WHILE PARTICIPATING IN SUCH ACTIVITIES WHETHER OR NOT CAUSED BY THE NEGLIGENCE OR OTHER FAULT OF Century, LLC including but not limited to equipment malfunction from whatever cause, or any other fault of Century, LLC. Additionally, you agree to indemnify, defend and hold Century, LLC harmless from any third party claims arising from such High Risk Activities or Martial Arts Weapons or any other Century product.

- **LIMITED REPLACEMENT WARRANTY**

Century, LLC warrants its products to be free from defects in materials and workmanship for a period of 90 days from date of purchase, provided they have not been subjected to obvious abuse, neglect or misuse. Century, LLC sole liability is limited to repairing or replacing products that are returned prepaid to Century, LLC within this 90-day period, unless specific product literature specifies otherwise. Due to vendor requirements, books and videos cannot be refunded once the seal is broken. The Century warranty as to books and videos is limited to exchange for the same title if the tape or book proves defective. See our Return and Exchange Policy for more information.

- **WARRANTY DISCLAIMER**

THE ABOVE STATED WARRANTIES ARE IN LIEU OF ALL OTHER WARRANTIES EXPRESSED OR IMPLIED INCLUDING THE WARRANTIES OF MERCHANTABILITY AND FITNESS FOR A PARTICULAR PURPOSE AND OF ALL OTHER OBLIGATIONS AND LIABILITIES OF CENTURY, LLC. CENTURY, LLC NEITHER ASSUMES, NOR AUTHORIZES ANY OTHER PERSON TO ASSUME FOR IT, ANY OTHER LIABILITY IN CONNECTION WITH THE SALE OF PRODUCTS FROM ITS WEBSITE, CATALOG OR OTHERWISE. THE ABOVE LIMITED WARRANTIES SHALL NOT APPLY TO ANY PRODUCT WHICH HAS BEEN SUBJECT TO ACCIDENT, NEGLIGENCE, ALTERATION, ABUSE, OR MISUSE. THE TERM "ORIGINAL PURCHASER" AS USED IN THIS WARRANTY MEANS THE PERSON TO WHOM THE PRODUCT IS ORIGINALLY SOLD AS SHOWN ON THE SALES INVOICE. THESE WARRANTIES SHALL APPLY ONLY WITHIN THE BOUNDARIES OF THE UNITED STATES AND CANADA.

- **LIMITATION OF LIABILITY**

As set forth above under the limited warranty provisions, Century, LLC liability is limited to repair or replacement of its products which are returned to it prepaid in the specified period of time. In no event shall Century, LLC liability exceed the value of the products sold. Century, LLC shall not be liable for any special or consequential damages that result from the use of any product sold through this website or through its catalog. Applicable law may not allow the limitation or exclusion of liability of special or consequential damages so the above limitation or exclusion may not apply to your purchase, but it is intended to be the maximum limitation as permitted by law.

- **WARNING**

Use and misuse of products sold through the Century website, catalog or otherwise, involves serious risks including injury, disability and death. Purchasers, users and participants assume all risk of injury. Century, LLC cannot and will not be responsible for the misuse or unauthorized and improper use of products sold through the Century website, catalog or otherwise.

- **GENERAL DISCLAIMER**

Product descriptions, typographic, pricing and photographic errors are unintentional and subject to correction. We regret, but are not liable for such errors. Century, LLC reserves the right to reject any orders placed for a product listed at an incorrect price. If you discover an error in our website or catalog, please let us know.

- **APPLICABLE LAW AND ARBITRATION OF DISPUTES**

Your order from this website or from the Century catalog shall be governed in all respects by the laws of the State of Oklahoma, U.S.A. without its choice of law provisions, and not by the 1980 U.N. Convention on contracts for the international sale of goods. The State of Oklahoma's law governing "Sales," as found in Title 12A of the Oklahoma Statutes has specific application to goods sold by Century to you, subject to disclaimers and limitations of liability set forth herein. You agree that jurisdiction and venue in any proceeding directly or indirectly arising out of or relating to the purchase of goods from Century, LLC not exceeding \$4500.00 will be in the small claims division of District Court of Oklahoma County, Oklahoma. You agree that any dispute or controversy arising out of or relating to the purchase of goods from Century, LLC exceeding \$4500.00 shall be resolved exclusively and finally by arbitration subject to the provisions of the Uniform Arbitration Act as enacted in Oklahoma, as found in the Oklahoma statutes at Title 15. Such arbitration shall occur in Oklahoma County, Oklahoma before a sole arbitrator. Any award rendered in any such arbitration proceeding shall be final and binding on each of the parties, and judgment may be entered thereon in a court of competent jurisdiction. Any cause of action or claim you may have with respect to the purchase of Century products or any other claim related to the use of the website or catalog must be commenced within one (1) year after the claim or cause of action arises. Century, LLC failure to enforce strict performance of any provision of these terms and conditions shall not be construed as a waiver of any provision or right. Neither the course of conduct nor trade practice shall act to modify any of these terms and conditions.

NOTICE OF DISPUTE RESOLUTION AND ARBITRATION AGREEMENT

- The terms and conditions of all sales by Century, LLC provide that all disputes between you and Century, LLC will be resolved by BINDING ARBITRATION.
- You GIVE UP YOUR RIGHT TO GO TO COURT to assert or defend your rights under this contract except for matters that may be taken to THE SMALL CLAIMS COURT OF OKLAHOMA COUNTY, OKLAHOMA.
- Your rights will be determined by a NEUTRAL ARBITRATOR and NOT a judge or jury.
- You are entitled to a FAIR HEARING, BUT the arbitration procedures are SIMPLER AND MORE LIMITED THAN RULES APPLICABLE IN COURT.
- Arbitrator decisions are as enforceable as any court order and are subject to VERY LIMITED REVIEW BY A COURT.
- FOR MORE DETAILS, SEE "APPLICABLE LAW AND ARBITRATION" ABOVE.



Equipment and Apparel Catalog



Required Master-Club, Leadership and Black Belt training equipment packages and additional apparel and home training equipment.

To order anything in this catalog:

www.MileHighKarate.com

1-866-533-3110 • FAX 1-800-400-5485

Or some items may be available at
your Mile High Karate school